

# Disease and medicine

7

## VOCABULARY

antibiotics	germs	relieve
bacteria	lump	specialist
benign	immune system	surgery
checkup	immunization	symptom
chronic	infection	treatment
contagious	painkiller	tumor
cure	parasite	vaccines
diagnosis	pathogens	virus
epidemic	patient	
fungus	prescription	

## PUZZLE

7-1

**Definition match-up: Disease and medicine** Match the following definitions with words from the vocabulary list.

1. Microorganisms that cause disease such as bacteria, viruses, and parasites: \_\_\_\_\_
2. The parts of your body that fight infection: \_\_\_\_\_
3. A doctor who treats only one type of illness: \_\_\_\_\_
4. Medicines that kill unwanted bacteria or fungi: \_\_\_\_\_
5. Substances that provide immunity to diseases: \_\_\_\_\_
6. Can spread from person to person: \_\_\_\_\_
7. A sign of an illness: \_\_\_\_\_
8. The identification of an illness by a doctor: \_\_\_\_\_
9. A condition whereby germs have entered your body: \_\_\_\_\_
10. A disease that has spread widely: \_\_\_\_\_
11. Not damaging to health: \_\_\_\_\_
12. A person who seeks medical attention: \_\_\_\_\_
13. The process of getting vaccinated: \_\_\_\_\_
14. Heal an illness: \_\_\_\_\_

15. Make a symptom bearable: \_\_\_\_\_
16. An illness that comes back again and again: \_\_\_\_\_
17. An abnormal growth of a tissue: \_\_\_\_\_
18. A routine visit to the doctor to make sure you are healthy: \_\_\_\_\_

**PUZZLE**

**7-2**

**Labeling: Disease and medicine** Attach the following disease- and medicine-related labels to the lists of words that follow.

- |                     |                       |                    |
|---------------------|-----------------------|--------------------|
| Cold symptoms       | Injuries              | Remedies           |
| Contagious diseases | Medical professionals | Skin ailments      |
| Diagnosis aids      | Preventive measures   | Types of infection |

1. bacterial, fungal, viral \_\_\_\_\_
2. cough, runny nose, sore throat \_\_\_\_\_
3. sunburn, insect bite, rash \_\_\_\_\_
4. blood samples, patient interviews, x-rays \_\_\_\_\_
5. antibiotics, painkillers, surgery \_\_\_\_\_
6. broken bone, sprained ankle, torn ligament \_\_\_\_\_
7. cholera, influenza, strep throat \_\_\_\_\_
8. pediatrician, pharmacist, surgeon \_\_\_\_\_
9. eating a balanced diet, frequent hand washing, immunizations \_\_\_\_\_

**PUZZLE**

**7-3**

**Fill in the blanks: Disease and medicine** Complete the following paragraphs by filling in the blanks using the words provided.

**A visit to the doctor**

- |           |              |            |
|-----------|--------------|------------|
| blood     | health       | specialist |
| diagnosis | opinion      | symptoms   |
| general   | prescription | treatment  |

If you are ill or worried about your \_\_\_\_\_ and it is not an emergency, you usually visit a family doctor, or a \_\_\_\_\_ practitioner. Your doctor will examine and interview you to find out what \_\_\_\_\_ you have. Your doctor may also order some tests such as

a \_\_\_\_\_ sample or an x-ray. Your doctor will then use the results of the interview and the tests to make a \_\_\_\_\_. Once a diagnosis is made, the doctor can begin \_\_\_\_\_. If the doctor feels that your condition is not serious, he or she may just write you a \_\_\_\_\_ for medicine and tell you to get some rest. However, if the doctor cannot diagnose what is wrong or the doctor feels your condition is serious, he or she may refer you to a \_\_\_\_\_. At any rate, if the diagnosis is serious, it is always good to get a second \_\_\_\_\_.

### The immune system

eradicate	medicine	vaccinations
immune	parasites	viruses
infections	tuberculosis	

The purpose of your immune system is to fight off \_\_\_\_\_ from pathogens such as bacteria, \_\_\_\_\_, fungi, and \_\_\_\_\_. Though your immune system can often take care of an infection on its own, we sometimes take \_\_\_\_\_ to help our immune system fight an illness and shorten its duration. Indeed, there are some illnesses, such as \_\_\_\_\_, that your immune system may not be able to overcome without medicine. The immune system must be able to recognize a variety of pathogens to function properly. We can aid this process through \_\_\_\_\_. A vaccine is a substance that contains a weakened form of a disease. Vaccines stimulate the immune system to recognize and destroy that substance and then "remember" it so that you will be \_\_\_\_\_ to that disease in the future. Health experts around the world hope that vaccination programs can \_\_\_\_\_ some of the worst forms of contagious disease.

### Cure and relief

antibiotics	cure	purposes	sore
bearable	fungal	relieve	

Different medicines serve different \_\_\_\_\_. Some medicines are meant to help \_\_\_\_\_ diseases. For example, \_\_\_\_\_ can kill bacterial and \_\_\_\_\_ infections. Other medicines are meant to \_\_\_\_\_ symptoms that cause discomfort. For example, though a throat lozenge will not cure a \_\_\_\_\_ throat, the lozenge will make it more \_\_\_\_\_ while your immune system does its work.

### Preventive measures

balanced	hygiene	regular
contracting	prevention	system
hand	recovering	vaccinations